



**BOYS & GIRLS CLUBS**  
OF THE TWIN CITIES

# VOLUNTEER WITH US!

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*An investment in the Boys & Girls Clubs of the Twin Cities literally changes lives.*

Become a volunteer at the Boys & Girls Clubs of the Twin Cities and help make a difference in the lives of the more than 9,000 members we serve. You can volunteer as an individual or as a group and help to make a positive impact in our Twin Cities community!

## QUESTIONS? CONTACT:

**Grace Bettendorf- Annual Fund Manager**  
**(651) 200-4102 | [gbettendorf@bgc-tc.org](mailto:gbettendorf@bgc-tc.org)**

**TO APPLY AND FOR MORE INFORMATION, VISIT:**

**[boysandgirls.org/get-involved/volunteer](https://boysandgirls.org/get-involved/volunteer)**



# OUR VOLUNTEER OPPORTUNITIES

The work we do is critical for the success of the youth in our community, and we could not do it without committed volunteers. At the Clubs, members are encouraged and inspired to explore their potential and prepare for their future in the years ahead.

## HOW YOU CAN SERVE

### **Individual Volunteer Opportunities:**

#### *Club Programs and Activities*

Individual volunteer activities and projects are available at all of our full Twin Cities Club locations and Voyageur Environmental Center in Mound, MN. As an individual volunteer, you can choose where you would like to help. You could help wherever you are needed, assist with a specific program of interest, or bring your own special skill or talent to share with our Club members!

### **Small Group Volunteer Projects:**

#### *Club Program Projects*

For the safety of our youth and respect to our staffing patterns, we limit the number of group volunteers in the range of 2 to 15 per event. Some Clubs can accommodate more volunteers than others.

### **Large Group Volunteer Projects:**

#### *Facilities Projects*

Large group projects are available at most Clubs and typically involve painting, landscaping, cleaning, or other similar activities. The maximum group size for this type of volunteer event varies per project, but generally we cannot accommodate groups larger than 50 and prefer groups at 25 or less.

## Academic Success

- Assist with Literacy (K-6), Numeracy (4-6), or STEM (K-12) programming
- Provide homework help and tutoring for youth of all ages
- Help teens explore careers, build job skills, and stay on track to a timely graduation through our Teen Pathways program

## Healthy Lifestyles

- Promote nutrition and self-care
- Teach practical cooking skills
- Engage in sports and recreational activities with youth and teens
- Encourage youth to develop healthy relationships and make positive choices
- Instill conflict resolution skills

## Good Character & Leadership

- Provide volunteer and service opportunities
- Nurture good decision-making skills in youth and teens
- Encourage individual growth and leadership
- Promote a sense of personal pride and accomplishment